

**SPRING
OF HEALTH**


ROGAŠKA SLATINA
Санаторий & Отели
**Курорт
Рогашка**

**PRICE LIST
2020**

BALNEOTHERAPY
DIAGNOSTICS
SURGERY
PHYSIOTHERAPY
DERMATOLOGY
AND BEAUTY
MASSAGES AND
PAMPERING
HEALTH
PROGRAMMES



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RESERVATIONS

All treatments require a previous reservation. Treatments can be reserved personally at the reception of the Rogaška Medical Centre, by phone or via e-mail.

ARRIVAL

To start each treatment at the Rogaška Medical Centre in a relaxed way we ask you to arrive 15 minutes before the beginning of the treatment. If you are late, the treatment will unfortunately not be carried out entirely.

We also ask:

- to switch your mobile phone off when arriving to the Rogaška Medical Centre;
- do not carry valuable personal possessions (jewellery, keys, mobile phones, etc.) with you.

The Rogaška Medical Centre staff are not responsible in the event of theft.

PAYMENT

We kindly ask that you pay for the services before starting the treatment. Payment can be made in cash or by credit card.

CHANGING THE THERAPY SCHEDULE

If you wish to change the confirmed scheduled time of your appointment, you may do so twice at the most and at least 24 hours before the treatment. For every subsequent change of a single appointment for a single therapy, you will be charged a fee of € 20.00.

CANCELLATION OF A RESERVATION

If you wish to cancel a reserved treatment, we ask that you do so at least 24 hours in advance. In the event that you fail to cancel an appointment, you will be charged the full price of the therapy, regardless of your attendance.

INFORMATION

We are available on +386 3 811 7015 and on info@rogaska-medical.com.

GIFT VOUCHERS

Surprise your loved ones with a gift voucher. Give them a path towards health. Give a gift voucher for any treatment at the Rogaška Medical Centre or leave the choice up to the recipient of the gift voucher. Gift vouchers can be bought at the reception, ordered by phone or via e-mail.

BALNEOTHERAPY

Medical examinations

Medical examination by a balneologist	€ 42.00
Extended balneological specialist examination with physiotherapist	€ 80.00
Follow-up examination	€ 23.00

Water drinking therapy

DRINKING TREATMENT WITH THE DONAT MG HEALING MINERAL WATER FROM THE SPRING

Single therapy	€ 3.50
Up to 3 days	€ 25.00
Up to 5 days	€ 35.00
Up to 7 days	€ 55.00
Up to 10 days	€ 65.00
Up to 14 days	€ 75.00
Up to 30 days	€ 95.00

Mineral and other baths

Mineral bath	€ 26.00
Magnesium bath	€ 27.00
Herbal bath	€ 25.00
Pearl massage bath with natural herbal supplements	€ 27.00
Soda bath	€ 27.00
Underwater massage	€ 28.00
RECOMMENDED Package offer: 5 x mineral bath	€ 110.00

Fango wraps*

1 unit	€ 19.00
2 units	€ 25.00
3 units	€ 29.00
4 units	€ 33.00
5 units	€ 35.00
6 or more units	€ 39.00

*The service can only be used if prescribed by the doctor.

Dry CO₂/carbon dioxide bath

Dry carbon dioxide bath	€ 42.00
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Inhalation therapy

Inhalation therapy with mineral water or herbs or additional medication (10 minutes)	€ 16.00
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DIAGNOSTICS

Specialist examinations and diagnostics

GASTROENTEROLOGY

Specialist examination by a gastroenterologist	€ 65.00
Oesophagogastroduodenoscopy – upper gastrointestinal endoscopy with a written result and opinion	€ 140.00
Deep sedation during esophagogastroduodenoscopy	€ 150.00
Analgo-sedation during esophagogastroduodenoscopy	€ 130.00
Colonoscopy – lower gastrointestinal endoscopy with a written result and opinion	€ 240.00
Deep sedation during colonoscopy	€ 180.00
Analgo-sedation during colonoscopy	€ 130.00
Deep sedation during esophagogastroduodenoscopy and colonoscopy	€ 240.00
Analgo-sedation during esophagogastroduodenoscopy and colonoscopy	€ 150.00
Polypectomy, individual polyp	€ 35.00
Polypectomy equipment for single use	from € 25.00
Histology (1 bottle)	€ 75.00
¹³ C urea – breath test for Helicobacter pylori	€ 68.00
Endoscopic ultrasound of lower gastrointestinal tract	€ 354.00
Endoscopic ultrasound of upper gastrointestinal tract with analgo-sedation	€ 420.00

CARDIOLOGY

Specialist examination by a cardiologist with ECG examination*	€ 70.00
Spiroergometry	€ 120.00
Cycloergometry	€ 79.00
Holter	€ 68.00
Heart rhythm monitoring for up to 14 days	€ 95.00
Spirometry	€ 26.00
24-hour blood pressure measurement	€ 43.00
Heart ultrasound	€ 100.00
Stress heart ultrasound	€ 269.00
Complex transthoracic heart ultrasound	€ 240.00

*The service is only performed in combination with the examinations at the doctor's discretion.

MRI SERVICES

MRI OF THE HEAD AND NECK	
MRI of the head	€ 220.00
MRA TOF	€ 220.00
MRI diffusion and perfusion imaging	€ 220.00
MRI of the face and other	€ 220.00
MRI of the neck	€ 220.00
MRI under the protocol for epilepsy	€ 220.00
MRI multiple sclerosis	€ 220.00

MRI of temporomandibular joints	€ 220.00
MRI under the protocol for the pituitary gland	€ 220.00
MRI under the protocol for neurovascular conflict + TOF	€ 340.00
MRI of the head with contrast agent	€ 280.00
MRI of the face and other with contrast agent	€ 280.00
MRI of the neck with contrast agent	€ 280.00
MRI under the protocol for epilepsy with contrast agent	€ 280.00
MRI multiple sclerosis with contrast agent	€ 340.00
MRI of temporomandibular joints with contrast agent	€ 280.00
MRI OF THE MUSCULOSKELETAL SYSTEM	
MRI of joint (shoulder/elbow/wrist/arm/hip/knee/ankle/foot/sacroiliac joint etc.)	€220.00
MRI of the pelvis and hips	€ 220.00
MRI arthrography (hip, shoulders, wrist)	€ 340.00
MRI of muscles, tumors in soft tissue structures	€ 220.00
MRI of spine (neck/chest/lumbar area)	€ 220.00
MRI of the whole spine	€ 520.00
MRI under the protocol for as: CH, TH, LSH + SIS (Axial spondyloarthritis)	€ 520.00
MRI of joint with contrast agent (shoulder/elbow/wrist/arm/hip/knee/ankle/foot/sacroiliac joint etc.)	€ 280.00
MRI of the pelvis and hips with contrast agent	€ 280.00
MRI of muscles, tumors in soft tissue structures with contrast agent	€ 280.00
MRI of spine with contrast agent (cervical/thoracic/lumbosacral)	€ 280.00
MRI OF THE THORAX AND ABDOMEN	
MRI of the thorax and lungs	€ 220.00
MRI of the abdominal organs (liver, gall bladder, kidney, adrenal gland, pancreas, spleen, bladder)	€ 220.00
MRI of the liver	€ 220.00
MRI of breast implants	€ 220.00
MRCP (examination of the bile system, bile ducts)	€ 220.00
MRI of the pelvic floor (prostate, rectum, cervix, ovarian lesion)	€ 220.00
MRI enterography with contrast agent (intestinal exam)	€ 280.00
MRI of the thorax and lungs with contrast agent	€ 280.00
MRI of the abdominal organs with contrast agent	€ 280.00
MRI of the liver with contrast agent	€ 420.00
MRI of the breast with contrast agent	€ 280.00
MRI of the pelvic floor with contrast agent (prostate, rectum, cervix, ovarian lesion)	€ 280.00
MRI OF THE ANGIOGRAPHY	
MRA of individual regions with contrast agent	€ 280.00
MRA of the arteries of the pelvis and the lower limbs with contrast agent	€ 340.00

SPECIAL MRI

MRI of the whole body	€ 900.00
MRA (venous system imaging) of the whole body with contrast agent	€ 900.00
Second opinion	€ 80.00

* The Gadovist contrast agent is used for contrast examinations and Primovist is used for liver examinations.

ADDITIONAL PAYMENTS

Additional payment for anaesthesia – one examination	€ 250.00
Additional payment for anaesthesia – two examinations	€ 350.00

ULTRASOUND

Abdominal ultrasound	€ 65.00
Soft cervical tissue (thyroid or lymph nodes or salivary gland) ultrasound	€ 60.00
Ultrasound of cervical arteries	€ 80.00
Ultrasound of lower limb veins and arteries	€ 90.00
Ultrasound of lower limb arteries	€ 65.00
Ultrasound of lower limb veins	€ 65.00
Transrectal ultrasound	€ 65.00
Muscular-skeletal ultrasound	€ 60.00
Breast ultrasound	€ 60.00
Scrotum (testicles) ultrasound	€ 60.00

X-RAY EXAMINATION

Special X-ray of the skeleton (each joint)	€ 30.00
Spinal X-ray (each region)	€ 30.00
Imaging of the pelvis with hips	€ 35.00
Thoracic organ X-ray	€ 30.00
Native abdominal X-ray	€ 25.00
Second opinion	€ 40.00

GYNAECOLOGY

Gynaecological check-up with breast examination	€ 65.00
PAP smear	€ 25.00
Transvaginal ultrasound	€ 65.00
Colposcopy	€ 75.00
Colposcopically targeted biopsy and histological examination	€ 150.00
Vaginal douche with 20% borax glycerine	€ 15.00
HPV typing	€ 75.00
Second opinion	€ 90.00
Insertion of the Mirena intrauterine device	€ 125.00
Removal of the Mirena intrauterine device	€ 50.00
Insertion of the Pessar ring	€ 70.00

PROCEDURES WITH A YAG LASER

STRESS URINARY INCONTINENCE (SUI)

First procedure	€ 300.00
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Second procedure	€ 250.00
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Third and fourth procedure	€ 150.00
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VAGINA TIGHTENING

First procedure	€ 300.00
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Second procedure	€ 250.00
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Third and fourth procedure	€ 150.00
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VAGINA TIGHTENING AND TREATMENT OF STRESS URINARY INCONTINENCE AT THE SAME TIME

First procedure	€ 500.00
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Second procedure	€ 400.00
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Third and fourth procedure	€ 300.00
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UROLOGY

Comprehensive urological treatment (targeted examination)	€ 230.00
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Second opinion	€ 130.00
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OTORHINOLARYNGOLOGY

Special examination by an otorhinolaryngologist	€ 75.00
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Nasal endoscopy	€ 50.00
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Examination of the upper respiratory tract in sedation	€ 210.00
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Oesophagus, throat and trachea examination with flexible endoscope	€ 50.00
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Second opinion	€ 90.00
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Polysomnography with the interpretation of the results	€ 220.00
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ORTHOPAEDICS

Special examination by an orthopaedist	€ 80.00
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Administration of viscosupplement	€ 20.00
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Blockage	€ 40.00
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Second opinion	€ 80.00
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PHYSIATRIC CLINIC

Specialist examination by a physiotherapist	€ 65.00
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Administration of vitamin C	€ 80.00
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Administration of hyaluronic acid Suplasyn	€ 165.00
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Administration of collagen – small area	€ 25.00
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Administration of collagen – large area	€ 45.00
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Photoplethysmography (one lower limb)	€ 30.00
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Photoplethysmography (both lower limbs)	€ 40.00
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Blockade	€ 40.00
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NEUROLOGY

Specialist examination by neurologist	€ 80.00
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FOLLOW-UP SPECIALIST EXAMINATION

Follow-up specialist examination at a specialist clinic	€ 40.00
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BODY COMPOSITION MEASUREMENT

Body composition analysis including interpretation of the results	€ 26.00
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NUTRITION CONSULTATION

Nutrition consultation	€ 32.00
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Follow-up nutritional consultation	€ 11.00
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Body composition measurement and nutrition consultation	€ 42,00
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Ask for an individual meal plan and long-term monitoring by the dietitian.

CLINICAL LABORATORY

At the clinical laboratory at the Rogaška Medical Centre, the following tests are performed: haemogram, ESR, coagulation, urine analysis, stool analysis, electrolytes, metabolites and substrates, enzymes, lipids, glycated haemoglobin, functional tests, tumour markers, diagnosing of anaemia, diagnosis of thyroid activity, specific proteins. Samples for numerous tests, such as hepatitis marker tests, HIV, Borrelia, allergological tests etc., are sent to specialized laboratories.

Laboratory tests package

The examination includes: blood count with the DBC, PT, examination of sedimentation, urine, blood sugar, creatinine, urea, cholesterol, HDL, LDL, triglyceride, bilirubin, proteins, albumins, AST, ALT, gamma GT, AF, amylase, lipase, iron, TSH, PSA, K, Na, Cl, Mg, Ca, P, urate, and faecal occult blood tests.

PRICE: € 127.00 (WOMEN); € 141.00 (MEN)

Acupuncture

Medical examination by an acupuncturist (20 minutes)	€ 40.00
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Acupuncture (30 minutes)	€ 48.00
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Acupuncture with moxibustion (45 minutes)	€ 64.00
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Acupuncture with cupping (30 minutes)	€ 63.00
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Acupuncture with cupping and auriculotherapy (40 minutes)	€ 84.00
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Auriculotherapy (10 minutes)	€ 30.00
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Neuromyotherapy (20 minutes)	€ 42.00
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Electro stimulation neuromyotherapy (20 minutes)	€ 47.00
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Pain-relief therapies

Medical examination (20 minutes)	€ 40.00
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Carboxytherapy (one area)	€ 42.00
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Prolotherapy	€ 90.00
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PIT	€ 70.00
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THE TRANSLATION OF THE MEDICAL RECORD

The translation costs of the medical record are not included in the price of service.

Targeted examinations

Gastroenterology

The examination includes:

- specialist examination by a gastroenterologist;
- laboratory tests package;
- abdominal ultrasound;
- gastroscopy;
- Helicobacter pylori test;
- colonoscopy.

PRICE: € 530.00

Cardiology

The examination includes:

- specialist examination by a cardiologist;
- laboratory tests package;
- ECG;
- spirometry;
- cycloergometry;
- heart ultrasound.

PRICE: € 330.00

Internal medicine

The examination includes:

- specialist examination by a internist;
- laboratory tests package;
- body composition measurement;
- nutrition consultation.

PRICE: € 225.00

Urology

The examination includes:

- specialist examination by a urologist;
- urotract ultrasound;
- laboratory tests package;
- uroflow (urine stream flow measurement);
- transrectal ultrasound.

PRICE: € 230.00

Gynaecology

The examination includes:

- specialist examination by a gynaecologist;
- PAP smear;
- transvaginal ultrasound;

PRICE: € 150.00

Allergology

The examination includes:

- specialist examination;
- skin allergy tests;
- total IgE.

PRICE: € 120.00

Preventive check-ups

Tests and examinations	EXTENDED PREVENTIVE EXAMINATION	PREVENTIVE GASTRO-CARDIO EXAMINATION	PREVENTIVE CARDIO EXAMINATION	PREVENTIVE GASTRO EXAMINATION
Initial check-up upon admission	✓	✓		
Laboratory test package (haematological, biochemical and urine tests)	✓	✓	✓	✓
Body composition measurement including interpretation of the results	✓	✓	✓	✓
Specialist examination by a gastroenterologist with an interpretation of the results and a written opinion	✓	✓		✓
Oesophagogastroduodenoscopy	✓	✓		✓
Urease test (part of OGS)	✓	✓		✓
Colonoscopy	✓	✓		✓
Abdominal ultrasound	✓	✓		✓
Specialist examination by a cardiologist with an interpretation of the results and a written opinion	✓	✓	✓	
ECG	✓	✓	✓	
Ergospirometry	✓	✓	✓	
Heart ultrasound	✓	✓	✓	
Ultrasound of cervical veins	✓	✓	✓	
X-ray of thoracic organs	✓	✓	✓	
MRI of one section with contrast agent	✓			
Specialist examination by a dermatologist	✓			
Examination by an urologist, Uroflow and transrectal ultrasound	✓ (M)			
Gynaecological examination with an ultrasound and Pap smear	✓ (F)			
Specialist examination by physiotherapist	✓			
Nutrition consultation	✓			
Treatment with the Donat Mg healing mineral water from the spring, up to 3 days	✓	✓	✓	✓
	€ 1,780.00	€ 1,140.00	€ 610.00	€ 675.00

FREQUENT ADDITIONAL EXAMINATIONS AND PROCEDURES

Polypectomy (for each removed polyp)	€ 35.00
Biopsy and histology (1 bottle)	€ 75.00

OPTIONS THAT COMPLEMENT THE EXISTING PROGRAMME

MRI of the whole body	€ 900.00 (when choosing preventive examination € 700.00)
Specialist examination with an ultrasound of the lower limb veins and arterie	€ 120.00
Mole mapping with a Fotofinder	from € 25.00 to € 150.00
Deep sedation during esophagogastroduodenoscopy	€ 150.00
Analgo-sedation during esophagogastroduodenoscopy	€ 130.00
Deep sedation during colonoscopy	€ 180.00
Analgo-sedation during colonoscopy	€ 130.00
Deep sedation during esophagogastroduodenoscopy and colonoscopy	€ 240.00
Analgo-sedation during esophagogastroduodenoscopy and colonoscopy	€ 150.00
Special examination by an otorhinolaryngologist	€ 75.00
Special examination by a orthopaedist	€ 80.00
Specialist examination by neurologist	€ 65.00
Estimation of functional state by a physiotherapist	€ 65.00
Relaxing energy techniques	€ 13.00
Combined manual therapy (50 minutes)	€ 67.00
Additional payment for anaesthesia – one MRI examination	€ 250.00
Additional payment for anaesthesia – two MRI examinations	€ 350.00

SURGERY

Hand surgery

Release of the median or ulnar nerve in the wrist — Carpal tunnel syndrome	€ 300.00
Removal of Dupuytren's contracture (based on the extent)	from € 500,00 to € 1.300,00
Arthroplasty of a worn out saddle joint of the thumb	€ 1.300,00
Release of the tendon flow – trigger finger	€ 100.00
Hand rejuvenation with filler injections (hyaluronic acid)	from € 500.00 to € 700.00
Hand rejuvenation with own fat tissue	from € 1,000.00 to € 2,000.00

Vascular surgery

VASCULAR SURGERY EXAMINATIONS

Specialist examination by a vascular surgeon	€ 65.00
Follow-up specialist examination	€ 40.00
Specialist examination with an ultrasound of the lower limb veins or arteries	€ 90.00
Specialist examination with an ultrasound of the lower limb veins and arteries	€ 120.00
Follow-up specialist examination with an ultrasound of lower limb veins or arteries	€ 75.00
Follow-up specialist examination with an ultrasound of lower limb veins and arteries	€ 85.00
Ultrasound of the lower limb veins and arteries	€ 90.00
Ultrasound of the lower limb arteries	€ 65.00
Ultrasound of the lower limb veins	€ 65.00
Ultrasound of the cervical arteries	€ 80.00

VASCULAR SURGICAL PROCEDURES

Removal of blood clots from varicose veins	€ 50.00
Phlebectomy (extensive procedure – several varicose veins on one leg)	€ 500.00
Phlebectomy (extensive procedure — one varicose vein along the entire length of one leg)	€ 300.00
Phlebectomy (less extensive procedure — one varicose vein on an individual part of one leg)	from € 150.00 to € 250.00
Laser closure of a larger vein	€ 500.00
EVLIT (laser closure, phlebectomy, compression stocking, check-ups, medicines, bandages)	€ 1,500.00
MOCA (treatment of affected major superficial veins)	€ 1,700.00

TREATMENT OF INDIVIDUAL RETICULAR VARICOSE VEINS

Per surface – 5 cm ² – first visit	€ 60.00
Per surface – 5 cm ² – second visit	€ 50.00
Per surface – 5 cm ² – third visit	€ 40.00
Individual reticular varicose veins	€ 22.00
Varicose sclerotherapy	€ 60.00
Spider vein sclerotherapy	€ 70.00

Aesthetic plastic surgery

EXAMINATION BY AN AESTHETIC PLASTIC SURGEON

Specialist examination by an aesthetic plastic surgeon	€ 65.00
Extended aesthetic exam/detailed analysis of face, cleavage and arms	€ 150.00

REMOVAL OF SKIN LESIONS

Removal of one skin lesion	€ 100.00
Removal of two skin lesions	€ 150.00
Removal of three skin lesions	€ 180.00
Removal of a facial skin lesion	from € 150.00 to € 200.00
Removal of skin lesions and covering with local skin	from € 250.00 to € 350.00
Corrective surgery for scars	from € 100.00 to € 700.00
Extirpation of soft-tissue formation	€ 150.00

FACIAL AESTHETIC PROCEDURES

Corrective surgery of protruding ears	from € 1,100.00 to € 1,700.00
Blepharoplasty of the upper eyelids	from € 1,000.00 to € 1,600.00
Blepharoplasty of the lower eyelids	from € 1,600.00 to € 2,500.00
Blepharoplasty of the upper and lower eyelids	from € 2,300.00 to € 3,700.00
Minimally invasive correction of horizontal forehead lines	€ 700.00
Correction of vertical forehead lines	from € 400.00 to € 900.00
Forehead lift and brow lift	€ 1,900.00
Lifting of the middle parts of the face	€ 3,500.00
Upper and lower eyelid correction with forehead lift	from € 3,500.00 to € 4,000.00
Neck lift	€ 3,500.00
Facelift	from € 5,000.00 to € 8,000.00
Double chin laser lipolysis	€ 1,300.00
Corrective nose surgery	from € 2,000.00 to € 3,000.00
Corrective nose surgery with hyaluronic acid	from € 500.00 to € 700.00
Lip enlargement by injection of own fat tissue	€ 1,000.00
Surgical lip rejuvenation	from € 500.00 to € 900.00
Facial rejuvenation by injection of own fat tissue	€ 2,000.00
Face rejuvenation with the patient's own fat tissue and concentrated stem cells	€ 5,500.00
Hair transplant	from € 1,500.00 to € 4,000.00

SURGICAL BODY SCULPTING

Laser lipolysis treatment	from € 1,200.00 to € 1,500.00
Laser lipolysis treatment with vibro liposuction	from € 2,000.00 to € 4,000.00
Male breast reduction – gynecomastia, one side	€ 1,600.00
Male breast reduction – gynecomastia, both sides	€ 2,400.00
Nipple and areola correction, one side	€ 1,100.00
Nipple and areola correction, both sides	€ 1,300.00
Correction of loose upper arm skin – brachioplasty	from € 2,000.00 to € 3,000.00
Correction of loose thigh skin – femoroplasty	€ 2,700.00

Rejuvenation of the labia majora – labiaplasty	€ 1,100.00
Rejuvenation of the labia majora volume with hyaluronic acid	€ 900.00
Rejuvenation of the labia majora with own fat tissue	€ 1,200.00
Bandaging after small procedures	€ 16.00
Breast implants	€ 4,000.00
Mini abdominoplasty under general anesthesia	from € 1,500.00 to € 1,800.00
Extensive umbilical float abdominoplasty	from € 3,500.00 to € 4,500.00

Otorhinolaryngology

EXAMINATION BY AN OTORHINOLARYNGOLOGIST

Special examination by an otorhinolaryngologist	€ 75.00
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SURGICAL PROCEDURES

Removal of one skin lesion	€ 100.00
Removal of two skin lesions	€ 150.00
Removal of three skin lesions	€ 180.00
Removal of skin lesions and covering with local skin	€ 300.00
Facial scar correction	€ 400.00
Soft palate resection under general anaesthesia (uvulopalatoplasty)	€ 1,700.00
Resection of the nasal septum under local anaesthesia (septoplasty)	€ 1,200.00
Resection of the nasal septum under general anaesthesia (septoplasty)	€ 1,600.00
Turbinate reduction with radiofrequency (RF Mucotomy)	€ 300.00
Meatoplasty of narrow ear canals (one side)	€ 350.00
Removal of mouth and oesophagus mucous membrane alterations	from € 50.00 to € 200.00
Histology (1 bottle)	€ 75.00

Orthopaedics

EXAMINATION BY AN ORTHOPAEDIST

Special examination by an orthopaedist	€ 80.00
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FOOT PROCEDURES

The removal of an ingrown toenail	€ 100.00
The removal of an ingrown toenail and the nail root	€ 150.00

PHYSIOTHERAPY

Medical examinations

Specialist examination by a physiotherapist	€ 65.00
Follow-up specialist examination	€ 40.00

Manual therapy

Combined manual therapy (CYRIAX orthopedic medicine, fascia manipulation, nerve and joint mobilization, myofascial triggering points, EMMETT, etc.) (30 minutes)	€ 46.00
Combined manual therapy (CYRIAX orthopedic medicine, fascia manipulation, nerve and joint mobilization, myofascial triggering points, EMMETT, etc.) (50 minutes)	€ 67.00
Bowen therapy (50 minutes)	€ 59.00
Dr. Vodder lymph drainage therapy (30 minutes)	€ 39.00
Dr. Vodder lymph drainage therapy (50 minutes)	€ 50.00
Dr. Vodder lymph drainage therapy with other combined techniques (after a surgery) (70 min)	€ 62.00

RECOMMENDED | Package offer: 5 x combined manual therapy (50 minutes) € 285.00

Kinesiotherapy

Individual therapeutic exercise sessions (30 minutes)	€ 26.00
Individual therapeutic exercise sessions - DNS technique (30 minutes)	€ 26.00
Physiotherapeutic treatment of incontinence (30 minutes)	€ 34.00
Medical gymnastics (30 minutes)	€ 11.00
Relaxing energy techniques (40 minutes)	€ 13.00

Kinesiological training

Kinesiological training with a personal trainer (60 minutes)	€ 58.00
Vital training	€ 40.00

RECOMMENDED | Package offer: 5 x Vital training € 170.00

Electrotherapy

IFT, TENS, electrostimulation	€ 14.00
Ultrasound and interference combined therapy	€ 18.00
REBOX (smaller area)	€ 15.00
REBOX (larger area)	€ 23.00
FREMS	€ 60.00

Light therapy

Laser therapy	€ 22.00
Light therapy/biopton	€ 19.00

Magnetotherapy

Magnetotherapy	€ 20.00
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Thermotherapy

Radiofrequency therapy	€ 22.00
Cooling therapy/hiloterapy	€ 13.00

Mechanotherapy

Pressotherapy	€ 34.00
Ultrasound therapy	€ 15.00

RECOMMENDED | Package offer: 5 x pressotherapy € 145,00

Elastic therapeutic tape application

Small	€ 5.00
Large	€ 12.00

DERMATOLOGY AND BEAUTY

Medical examinations

SPECIALIST EXAMINATION BY A DERMATOLOGIST

Specialist examination by a dermatologist	€ 65.00
Follow-up specialist examination	€ 40.00
Extended aesthetic examination	€ 150.00

Mole mapping

Examination of pigment marks with a hand-held dermatoscope	€ 65.00
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EXAMINATION OF PIGMENT MARKS WITH A DIGITAL FOTOFINDER DERMATOSCOPE

Imaging of one change	€ 25.00
Examination of up to 3 moles	€ 95.00
Examination of 4–20 moles	€ 120.00
Examination of 21–50 moles	€ 140.00
Examination of over 50 moles	€ 150.00
Extended ATBM (photofinder, dermoscopy, analysis)	€ 150.00

Removal of benign/non-dangerous skin alterations

REMOVAL OF BENIGN SKIN GROWTHS

Radiofrequency ablation – face	from € 45.00
Radiofrequency ablation – body	from € 22.00
Cryotherapy	from € 10.00

Scalp and hair

Trichogram (digital scalp analysis)	€ 38.00
Scalp PRP – hair growth stimulation with platelet-rich plasma	€ 150.00
CO ₂ injections – scalp carboxytherapy	€ 80.00
Scalp mesotherapy for hair growth stimulation, 1 ml	€ 90.00

Non-surgical rejuvenation services WITH DEVICES

PROCEDURES WITH A CO₂ LASER (for tightening of sagging eyelids, very intensive rejuvenation, pore reduction and scar smoothing))

Face, one passage	€ 850.00
Neck, one passage	€ 450.00
Face, multiple passages	€ 1,500.00
Around the mouth	€ 600.00

Upper lid	€ 300.00
Lower lid	€ 300.00
Upper and lower lid	€ 600.00
Treatment of a bulbous nose (rhinophyma), one procedure	€ 500.00
On acne (cheek)	€ 450.00
Surgical scars	€ 80.00
Stretch marks (area in the size of an extended palm)	€ 80.00

PROCEDURES WITH THE ER-YAG LASER

Laser lip rejuvenation	€ 150.00
Shine peel - face	€ 550.00
Shine peel - neck	€ 400.00
Shine peel - décolletage	€ 300.00
Soft rejuvenation (thermal dermis stimulation for the production of collagen) - face	€ 290.00
Soft rejuvenation (thermal dermis stimulation for the production of collagen) - neck	€ 190.00
Intensive rejuvenation (fractional epidermal ablation and thermal dermal stimulation) - face	€ 850.00
Intensive rejuvenation (fractional epidermal ablation and thermal dermal stimulation) - neck	€ 450.00
Stretch marks, area 10 x 10 cm	€ 80.00

ELOS™ ACNE TREATMENT

Face	€ 45.00
Décolletage	€ 45.00
Back	€ 90.00

ELOS™ REMOVAL OF VASCULAR ANOMALIES

Individual veins	€ 30.00
Face – small scale	€ 80.00
Face – large scale	€ 120.00
Décolletage	€ 120.00
Legs	€ 140.00
Shank or thigh	€ 85.00
Nose	€ 35.00
Face and neck	€ 150.00
Neck	€ 93.00

ELOS™ PIGMENTATION REMOVAL

Individual	€ 38.00
Face – small scale	€ 80.00
Face – large scale	€ 120.00
Décolletage	€ 120.00
Forearms	€ 100.00
Back of the hand	€ 110.00

LASER HAIR REMOVAL

Face – small scale	€ 60.00
Face – large scale	€ 80.00
Upper lip	€ 40.00
Neck	€ 60.00
Underarms	€ 80.00
Forearms	€ 100.00
Upper arms	€ 100.00
Complete arms	€ 150.00
Bikini	€ 80.00
Thighs	€ 190.00
Shanks	€ 150.00
Complete legs	€ 250.00
Back – man	€ 190.00
Back – partial	€ 100.00
Chest – man	€ 100.00
Individual	€ 20.00

HIFU ULTRAFORMER III (ultrasound rejuvenation)

Forehead	€ 200.00
Area around the eyes	€ 300.00
Lower half of the face	€ 415.00
Wrinkles above the upper lip	€ 200.00
Double chin	€ 215.00
Neck	€ 400.00
Décolletage	€ 400.00
Upper arms (both arms)	€ 450.00
Thighs – inner area	€ 700.00

E-MATRIX (sublative rejuvenation)

Rejuvenation of the face, neck, décolletage, stretch marks removal, scar smoothing (200 pulses)	€ 450.00
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Non-surgical rejuvenation services WITH INJECTIONS**BOTULINUM TOXIN** (za gube na čelu in okoli oči)

Dysport, one unit	from € 2.00 to € 2.50
Vistabel, one unit	from € 8.00 to € 10.00
Excessive sweating therapy	€ 500.00

FILLERS (wrinkle smoothing, volume restoration, sculpting of face, nose, lips, earlobes, hand backside)

Hyaluronic acid 0,5 ml	€ 170.00
Hyaluronic acid 1 ml	from € 300.00

MESOTHERAPY AND BIOREVITALISATION (skin moisturizing and rejuvenation with hyaluronic acid, multivitamins, a booster serum)

Mesotherapy/biorevitalisation, 1 ml	€ 150.00
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PLATELET-RICH PLASMA SKIN REJUVENATION (the most natural rejuvenation method)

PRP rejuvenation	€ 400.00
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PRP rejuvenation and medical skin needling	€ 450.00
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CARBOXITHERAPY /CO₂ INJECTIONS

Complete face	€ 100.00
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Eyelids	€ 50.00
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Neck	€ 45.00
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Face and eyelids	€ 130.00
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Décolletage	€ 45.00
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Back of the hands	€ 45.00
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Stretch marks (area 10 × 10 cm)	€ 20.00
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Scars (area 10 × 10 cm)	€ 20.00
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Non-surgical rejuvenation services WITH THREADS

SOFT SILHOUETTE - face sculpting absorbable polylactic acid thread	€ 550.00
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Non-surgical rejuvenation services WITH PEELINGS**DIAMOND PEEL TREATMENT (HYDRAFACIAL™)** (skin preparation by means of technological methods prior to procedures or for a shiny and soft skin)

Diamond peel treatment – light mechanical peeling and application of active substances	€ 80.00
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CHEMICAL PEEL TREATMENT (various peels with acids or retinol)

Surface chemical pore reduction peeling, smoothing of fine wrinkles, skin glow treatment - neck	€ 95.00
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Surface chemical pore reduction peeling, smoothing of fine wrinkles, skin glow treatment - face	€ 105.00
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Of medium depth spot bleaching - face	€ 400.00
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Of medium depth spot bleaching - back of the hand	€ 340.00
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Body sculpting**CONSULTATION WITH AN EXPERT**

Consultation with a body sculpting specialist	€ 15.00
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Fat and cellulite removal**HIFU ULTRAFORMER III** (ultrasonic fat cavitation)

One area 10×10 cm	€ 100.00
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INJECTION LIPOLYSIS TREATMENT (chemical fat removal)

1 ampoule	€ 300,00
2 ampoules	€ 400,00
3 ampoules	€ 500,00

ION MAGNUM (fat removal and muscle stimulation)

Ion magnum, 1 visit	€ 80,00
Ion magnum, 6 visits	€ 440,00

VELASHAPE II (cellulite removal and skin firming)

VelaShape II 20 min	€ 61,00
VelaShape II 30 min	€ 84,00
VelaShape II 40 min	€ 98,00
VelaShape II 50 min	€ 118,00
VelaShape II 70 min	€ 142,00
VelaShape II 85 min	€ 189,00

CARBOXITHERAPY (fat cavitation with CO₂ injections)

Cellulite elimination (stomach)	€ 45,00
Cellulite elimination (thighs)	€ 80,00
Cellulite elimination (buttocks)	€ 45,00

Skin tightening**HIFU ULTRAFORMER III** (ultrasonic tightening)

One area 10 × 10 cm	€ 75,00
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IRF PRESTIGE (skin tone increases and skin looseness reduction with radiofrequency)

IRF Prestige 20 min	€ 40,00
IRF Prestige 30 min	€ 45,00
IRF Prestige 40 min	€ 50,00
IRF Prestige 50 min	€ 55,00
IRF Prestige 60 min	€ 60,00

Cosmetic services**FACIAL CARE – CARITA - REJUVENATION DEVICE CINETIC™ LIFT EXPERT**

Carita lux (cleansing, sunflower seed peeling, facial massage and rejuvenation with technological methods) (90 minutes)	€ 89,00
Carita classic (sunflower seed peeling, facial massage and rejuvenation with technological methods) (75 minutes)	€ 74,00
Carita (facial massage and rejuvenation with technological methods) (60 minutes)	€ 58,00

FACIAL CARE – THALGO/THALION

Seve marin hydra care (intensive moisturizing care) (50 minutes)	€ 58.00
Thalgodermy anti-acne care (problematic skin care) (50 minutes)	€ 58.00
Sensitive care (sensitive skin relaxation and anti-stress treatment) (50 minutes)	€ 58.00
Nutritive care (rich nutritive care) (50 minutes)	€ 58.00
Anti-wrinkle eye care (25 minutes)	€ 18.00
Deep skin purification with ampoule and mask (50 minutes)	€ 37.00
Deep cleansing skin care	€ 18.00
5-day care package	€ 250.00

SPECIAL ANTI-WRINKLE REFRESH CARE – THALGO/THALION

Energy dry skin care (hyaluronic acid or collagen care) (60 minutes)	€ 63.00
Lifting skin care (phytohormones, algae, minerals) (60 minutes)	€ 82.00
Exclusive care (complete facial care and palm reflexology)	€ 90.00

FACIAL CARE – DECLEOR/THALGO

Rejuvenation treatment with essential oils or algae (60 minutes)	€ 63.00
5-day care package	€ 275.00

A THREE-DAY BEAUTY-NOURISHING PACKAGE BEAUTY CARE

Carita lux, rejuvenation treatment with essential oils or algae, facial reflexology with mask	€ 180,00
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ADDITIONS TO FACIAL CARE

Eyelash dyeing (20 minutes)	€ 8.00
Eyebrow dyeing (10 minutes)	€ 6.00
Waxing (hair removal) (5 minutes)	€ 6.00
Plucking (5 minutes)	€ 6.00
Facial massage (20 minutes)	€ 21.00
Lymph drainage facial therapy (20 minutes)	€ 21.00

REFLEX THERAPY – SORENSENSISTEM

Facial reflexology (facial reflexive massage with a lifting effect) (40 minutes)	€ 42.00
5-day facial reflexology (40 minutes)	€ 190.00
Facial reflexology with mask (facial reflexive massage with a lifting effect and mask) (60 minutes)	€ 58.00
5-day facial reflexology with mask	€ 250.00
Palm reflexology with added infrared light (40 minutes)	€ 32.00
Palm reflexology therapy with added magnesium oil (40 minutes)	€ 32.00
Palm reflexology with paraffin wax (60 minutes)	€ 43.00

FACELIFT

Therapeutic facelift massage	€ 42.00
5-day therapeutic facelift massage package (lift or reflexotherapy)	€ 190.00
Therapeutic facelift massage with mask	€ 63.00
5-day therapeutic facelift massage package with mask (lift or reflexotherapy)	€ 275.00

HAND CARE

Therapeutic manicure with paraffin (manicure, hand peeling, cream application, paraffin wax hand wrap) (60 minutes)	€ 33.00
Manicure (nail and lunula sculpting) (40 minutes)	€ 21.00
Paraffin wax hand wrap (15 minutes)	€ 12.00

FOOT CARE

Medical pedicure (foot corn, ingrown nails, diabetic foot)	€ 37.00
Additional removal of calluses or ingrown nails, per piece	€ 9.00
Classic pedicure (nail and lunula care)	€ 27.00
Nourishing pedicure (classic pedicure, foot peel, paraffin wax)	€ 39.00
Paraffin wax foot wrap (15 minutes)	€ 12.00
Paraffin wax foot and hand care	€ 21.00

MASSAGES AND PAMPERING

Massages

THERAPEUTIC MASSAGES WITH AN INDIVIDUAL APPROACH

Medical therapeutic massage (50 minutes)	€ 49.00
Orthopaedic massage (45 minutes)	€ 49.00

CLASSIC MANUAL MASSAGES

Medical manual massage (50 minutes)	€ 47.00
Medical manual massage (40 minutes)	€ 40.00
Medical manual massage (20 minutes)	€ 28.00
Colonic/abdominal massage (30 minutes)	€ 34.00

RECOMMENDED | Package offer: 5 x medical manual massage (50 minutes) € 200.00

SPECIAL MASSAGES

Magnesium oil massage (30 minutes)	€ 33.00
Honey massage (30 minutes)	€ 39.00
Reflexive foot massage (30 minutes)	€ 32.00

Anti-stress head and scalp massage (30 minutes)	€ 33.00
Detox massage (40 minutes)	€ 42.00
Berber massage (argan oil) (50 minutes)	€ 66.00
Pegasus massage (85 minutes)	€ 71.00
Styria massage (70 minutes)	€ 64.00
Shiatsu massage (60 minutes)	€ 59.00
Anti-cellulite massage (30 minutes)	€ 37.00
Ayurvedic Abhyanga (oil) massage (60 minutes)	€ 70.00
Ayurvedic Abhyanga (oil) four-hand massage, synchronized (60 minutes)	€ 93.00
Eve Taylor clinical aromatherapy – aromatherapy (85 minutes)	€ 82.00

Peelings

Peeling (20 minutes)	€ 25.00
Argan oil peeling (20 minutes)	€ 29.00
Pearl peeling for body shaping (hips, thighs, abdomen, upper arms) (30 minutes)	€ 34.00
Peeling and massage (70 minutes)	€ 58.00

Wraps

Wraps are individually selected and intended for: body shaping, cellulite reduction, and are an aid in losing weight, rejuvenation, skin firming, drainage, mineralization and detoxification, for overcoming fatigue, stress, and improved sleeping.

Peeling and an algae wrap (whole body) (80 minutes)	€ 62,00
Algae wrap (whole body) (60 minutes)	€ 50,00
Wrap and massage (whole body: mineralisation, detox, body sculpting) (70 minutes)	€ 64,00
Wrap and massage (hips, thighs, abdomen, upper arms) (60 minutes)	€ 49,00
Peeling with a wrap and massage (abdomen) (40 minutes)	€ 44,00
Peeling with a wrap and massage (feet) (40 minutes)	€ 44,00
Oxy anti-cellulite programme – wrap and massage (hips, thighs, abdomen, upper arms) (60 minutes)	€ 76,00
Oxy anti-cellulite programme – wrap and massage (abdomen, upper arms or hips, thighs) (40 minutes)	€ 44,00
Frigi body wrapping (cold wrap for swollen, painful legs, body shaping) (40 minutes)	€ 37,00
Reflexive foot massage with paraffin wax (40 minutes)	€ 34,00
Soft pack water bed with magnesium wrap (40 min)	€ 43,00
Soft pack water bed with calcium wrap (40 min)	€ 39,00
Soft pack water bed with dead sea mud detoxification wrap (40 min)	€ 39,00
Soft pack water bed with white clay wrap with plant extracts (50 min)	€ 43,00
Soft pack water bed with wrap (anti-cellulite wrap, nutrition, moisturizing, problematic skin care etc.) (40 min)	€ 39,00
Soft pack water bed (20 min)	€ 13.00

RECOMMENDED | Package offer: 5 x Soft pack | water bed with wrap € 165.00

HEALTH PROGRAMMES

Extensive magnesium treatment

For eliminating problems due to the lack of magnesium (problems with digestion, stomach acid, gall bladder, muscle cramps, irregular heartbeat, migraines etc.).

The 7- and 14-day programmes include:

- medical examination by a balneologist (the 14-day programme also includes a follow-up examination);
- body composition measurement and nutrition consultation
- treatment with the Donat Mg healing mineral water from the spring, three times a day;
- 2 or 3 mineral baths;
- 1 or 3 magnesium baths
- 3 or 6 magnesium oil massage (30 minutes);
- 2 or 4 fango wraps (3 units).
- 1 or 2 Soft pack | water bed with magnesium wrap

PRICE: 7 DAYS – € 375.00 | 14 DAYS – € 665.00

Gastro programme

For the relief of stomach and digestion problems, and discovering digestive system diseases.

The programme includes:

- specialist examination by a gastroenterologist;
- additional diagnostics at the discretion of a specialist for an additional payment (gastroscopy, colonoscopy, breathing test, ultrasound);
- body composition measurement and nutrition consultation
- treatment with the Donat Mg healing mineral water from the spring, three times a day;
- laboratory tests package;
- 2 mineral baths and 2 magnesium baths;
- 2 medical manual massages (40 minutes);
- 1 magnesium oil massage (30 minutes)
- 2 reflexive foot massages or colon/abdominal massage.
- 1 Soft pack | water bed with magnesium wrap

PRICE: 7 DAYS € 465.00

Basic weight loss programme

The programme includes:

- medical examination by a balneologist;
- body composition measurement;
- ECG, laboratory tests (haemogram, blood sugar, lipidogram, TSH);
- follow-up medical examination by a balneologist;
- nutrition consultation, proposed weight loss diet in writing;
- daily kinesiological training with a personal trainer;
- 1 balneological procedure per day, individually chosen upon the doctor's recommendation;
- treatment with the Donat Mg healing mineral water from the spring, three times a day;

PRICE: 7 DAYS € 760.00

Food intolerance programmes

THE STANDARD FOOD INTOLERANCE PROGRAMME

The testing for 94 types of food (allergens) – includes the majority of basic foods typically used in the normal diet.

PRICE: € 249.00

THE BASIC FOOD INTOLERANCE PROGRAMME

The testing for 20 or 24 types of food (allergens) – includes types of food that most commonly cause intolerance reactions.

PRICE: € 99.00

THE SUPERIOR FOOD INTOLERANCE PROGRAMME

The testing for 176 types of food (allergens) – includes a wide range of types of food from various world cuisines.

PRICE: € 289.00

Possibility to complement the programme by creating an individual meal plan and by long-term monitoring by the dietitian.

Programme for diabetics and patients with impaired glucose tolerance

The programme includes:

- medical examination by a balneologist;
- treatment with the Donat Mg healing mineral water from the spring, three times a day;
- laboratory tests package;
- body composition measurement;
- nutrition consultation;
- 3 individual therapeutic exercise sessions (30 minutes);
- 3 mineral baths;
- 2 Dr. Vodder lymph drainage therapies (50 minutes);
- 2 reflexive foot/palm massage;
- 1 classic pedicure;
- 2 dry/CO₂ bath.

PRICE: 7 DAYS € 590.00

Basic Plus weight loss programme

The programme includes:

- medical examination by a balneologist;
- body composition measurement;
- ECG, laboratory tests (haemogram, blood sugar, lipidogram, TSH);
- final medical examination by a balneologist;
- nutrition consultation
- proposed weight loss diet in writing;
- daily kinesiological training with a personal trainer;
- 2 balneological procedures per day, individually chosen upon the doctor's recommendation;
- treatment with the Donat Mg healing mineral water from the spring, three times a day;

PRICE: 7 DAYS € 1,150.00

Detox programmes Detox Donat Mg

Detox programmes:

- **PRIMUS DETOX DONAT Mg (7–10 days)**
- **GRANDUS DETOX DONAT Mg (14 days)**
- **MAGNUS DETOX DONAT Mg (21 days)**

The programmes include:

- medical examination by a balneologist;
- nutrition consultation;
- treatment with the Donat Mg healing mineral water from the spring, three times a day;
- Thalga algae wraps with peeling;
- individual kinesiology training;
- mineral bath;
- alkaline bath;
- soda bath;
- lymph drainage therapy;
- pressotherapy;
- detox massage;
- nutritional supplement for cleaning the liver.

PRICE: depending on the accommodation in Grand hotel Donat

The magnesium renaissance

The programme includes:

- medical examination with a balneologist;
 - water drinking treatment with the natural mineral water Donat Mg from the spring, three times a day;
 - nutrition consultation - magnesium diet at the Medical center Rogaška;
 - the procedures:
 - day 1: peeling, magnesium bath, magnesium palm reflexology;
 - day 2: magnesium oil massage, magnesium wrap;
 - day 3: magnesium bath, magnesium oil massage;
- Gift: a magnesite stone**

3-DAY TREATMENT PROGRAMME PRICE: € 315.00

5-DAY TREATMENT PROGRAMME PRICE: € 460.00

The 5-day treatment programme also includes:

- day 4: magnesium oil massage, magnesium wrap;
- day 5: magnesium bath, magnesium palm reflexology.

Magnesium antistress programme

To reduce stress using magnesium - an anti-stress mineral.

The programme includes:

- medical examination by a balneologist
- laboratory tests package
- treatment with the Donat Mg healing mineral water from the spring, three times a day
- anti-stress head and scalp massage (30 min)
- 3 magnesium oil massages (30 min)
- Bowen therapy (50 min)
- palm reflexology therapy with added magnesium oil (40 min)
- facial reflexology (40 min)
- 2 Soft pack | water beds with magnesium wrap (40 min)
- 2 relaxing energy techniques

PRICE: 7 DAYS € 585.00

Programme for rapid treatment of joint pain

The programme includes:

- medical examination with a balneologist;
- 3 x PIT therapy
- 2 x combined manual therapy (50 minutes)
- Vital training
- 3 x magnesium bath
- 2 x laser therapy/light therapy/electrotherapy
- 3 x medical manual massage (50 minutes)

PRICE: 7 DAYS € 615.00

Microcirculation programmes

PREVENTION OF WOUNDS

For early detection and prevention of the first signs of vascular disorder in case of diabetes or atherosclerosis.

The programme includes:

- medical examination with a balneologist
- follow-up medical examination with a balneologist
- assessment of elasticity of lower limb arteries - photoplethysmography
- determination of value of microalbumin in urine
- Ninhydrin test - assessment of autonomic nervous system damage
- 3 determinations of vitamin C levels in urine
- 5 dry carbon dioxide baths
- 3 Rebox therapies

PRICE: 5 DAYS € 380.00

WOUND HEALING

For the treatment of wounds caused by the complications of diabetes or atherosclerosis on the arteries of the lower limbs.

The programme includes:

- medical examination with a balneologist
- follow-up medical examination with a balneologist
- medical wound treatment
- assessment of elasticity of lower limb arteries - photoplethysmography
- body composition measurement
- nutritional counselling with a 3-day individual menu
- 2 determinations of vitamin C levels in urine
- 10 electrotherapeutic neovascularisations - FREMS
- 4 vitamin C applications in the form of infusion
- 10 dry carbon dioxide baths
- 6 Rebox therapies

PRICE: 10-14 DAYS € 1,750.00

Other individual programmes

Certain other health issues are also dealt with in an effective and scientific manner including individual programmes:

- for relief of sinusitis;
- to reduce swelling
- and others.



**SPRING
OF HEALTH**



**Курорт
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